

# National Intimate Partner and Sexual Violence Survey



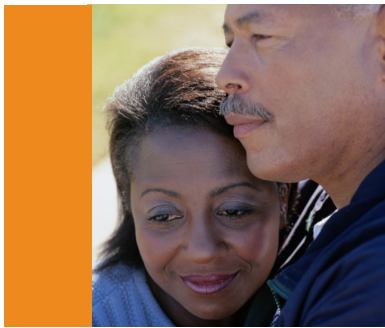
CDC's National Intimate Partner and Sexual Violence Survey (NISVS) is an ongoing, nationally-representative telephone survey that collects detailed information on sexual violence, stalking, and intimate partner violence victimization of adult women and men in the United States. The survey collects data on past-year experiences of violence as well as lifetime experiences of violence. The 2010 survey is the first year of the survey and provides baseline data that will be used to track trends in sexual violence, stalking and intimate partner violence. CDC developed NISVS to better describe and monitor the magnitude of these forms of violence in the United States.

## Highlights of 2010 Findings

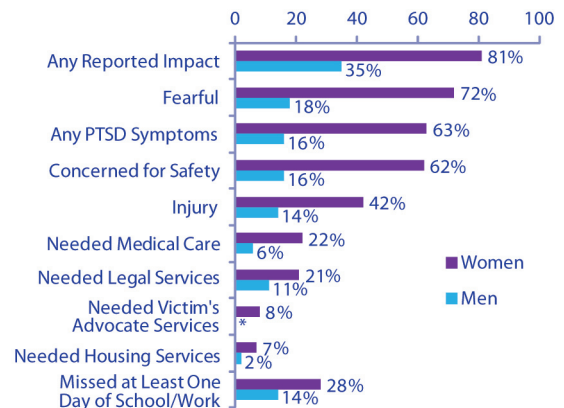
Sexual violence, stalking, and intimate partner violence are widespread in the United States. The findings in this report underscore the heavy toll of this violence, the immediate impacts of victimization, and the lifelong health consequences.

### Women are disproportionately affected by sexual violence, intimate partner violence and stalking.

- 1.3 million women were raped during the year preceding the survey.
- Nearly 1 in 5 women have been raped in their lifetime while 1 in 71 men have been raped in their lifetime.
- 1 in 6 women have been stalked during their lifetime. 1 in 19 men have experienced stalking in their lifetime.
- 1 in 4 women have been the victim of severe physical violence by an intimate partner while 1 in 7 men experienced severe physical violence by an intimate partner.
- 81% of women who experienced rape, stalking or physical violence by an intimate partner reported significant short or long term impacts related to the violence experienced in this relationship such as Post-Traumatic Stress Disorder (PTSD) symptoms and injury while 35% of men report such impacts of their experiences.
- Women who had experienced rape or stalking by any



### IPV-Related Impacts Among Victims of Rape, Physical Violence, and/ or Stalking by an Intimate Partner



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perpetrator or physical violence by an intimate partner in their lifetime were more likely than women who did not experience these forms of violence to report having asthma, diabetes, and irritable bowel syndrome.

- Men and women who experienced these forms of violence were more likely to report frequent headaches, chronic pain, difficulty with sleeping, activity limitations, poor physical health and poor mental health than men and women who did not experience these forms of violence.

## Female victims of intimate partner violence experienced different patterns of violence than male victims.

- Female victims experienced multiple forms of these types of violence; male victims most often experienced physical violence.

## The majority of this victimization starts early in life.

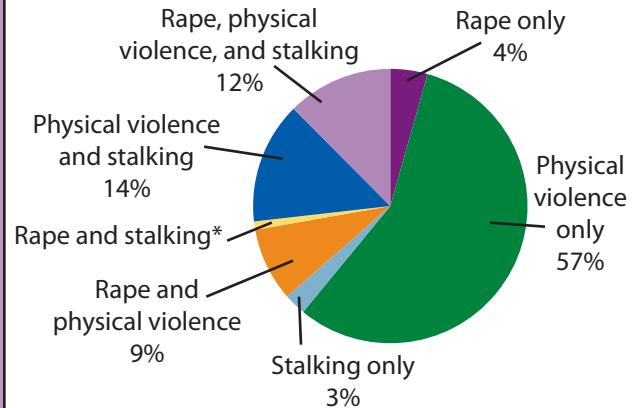
- Approximately 80% of female victims experienced their first rape before the age of 25 and almost half experienced the first rape before age 18 (30% between 11-17 years old and 12% at or before the age of 10).
- About 35% of women who were raped as minors were also raped as adults compared to 14% of women without an early rape history.
- 28% of male victims of rape were first raped when they were 10 years old or younger.

## Summary

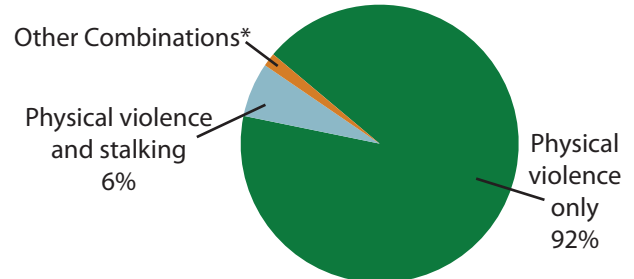
Overall, lifetime and one year estimates for sexual violence, stalking and intimate partner violence were alarmingly high for adult Americans; with IPV alone affecting more than 12 million people each year. Women are disproportionately impacted. They experienced high rates of severe intimate partner violence, rape and stalking, and long-term chronic disease and other health impacts such as PTSD symptoms. NISVS also shows that most rape and IPV is first experienced before age 24, highlighting the importance of preventing this violence before it occurs to ensure that all people can live life to their fullest potential.

## Overlap of Lifetime Intimate Partner Rape, Stalking, and Physical Victimization

### Female Victims



### Male Victims



## Age at Time of First Completed Rape Victimization in Lifetime Among Female Victims

